

HEALTH MATTERS

CINCINNATI HEALTH DEPARTMENT NEWSLETTER

NOVEMBER 2018

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"We Know Health Matters",
CHD's show on Citicable,
Time Warner Ch. 23.

Playback Times

Mon	9, 11 a.m.
Wed	5 p.m.
Thur	2 p.m.
Fri	9 a.m.
Sun	3 p.m.

Also available online on Vimeo



If you have anything you would like to share in the newsletter please send information to Marla Fuller at marla.fuller@cincinnati-oh.gov

CHD= Cincinnati Health Department

 Cincinnati Health Department

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Working Collaboratively to Prevent Lead Poisoning

The Hamilton County Lead and Healthy Homes Collaborative (HCLHHC) brings together agencies, educators, professionals, and service providers to share information and pool resources for lead poisoning prevention and creating healthy housing environments for the children of Hamilton County. The HCLHHC is the longest standing collaborative focused on the issue of childhood lead poisoning prevention in the state, having met continuously for over 14 years. The "cross-pollination" between members and guests in generating new ideas and partnerships is an exciting product of these meetings.



When the group originated in April of 2004, it was called the Hamilton County Lead Poisoning Prevention and Testing Collaborative; made up of nurses, doctors, public health officials, and social service organizations. Similar groups were formed in urban areas across the state to address low numbers of children receiving lead testing. With a growing awareness of how healthy homes issues are intertwined with lead poisoning hazards, and in response to state and federal consolidation of lead poisoning prevention and healthy homes programs, the collaborative gained its current name in 2012. Over the years, membership has expanded to include: the Greater Cincinnati Water Works; the Department of Community and Economic Development; the Environmental Protection Agency; the University of Cincinnati's Department of Environmental Health and the School of Law; regional health departments; insurance providers; community housing agencies; Hispanic community organizations, Cincinnati Public Schools; Legal Aid; People Working Cooperatively; arts organizations; the Cincinnati Metropolitan Housing Association; concerned parents; and more.



HCLHHC holds bi-monthly meetings on the third Thursday of alternating months, from 9:30 – 11:00 a.m. Recent topics of featured speakers include studies on: the correlation between lead poisoning and adult criminal behavior; the effect of a lengthy vacancy on water chemistry in a home; and, the efficacy of various indoor air filters on children's asthma. Additionally, state and federal officials have reported on current funding levels and activities. Future topics on the agenda are: People Working Cooperatively's new Healthy Homes program and showroom (September); the methodology of performing a Public Health Lead Investigation and Lead Paint Inspection/Risk Assessment (November); and, a tour of EPAs water research laboratories (January).



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I'm here. I'm excited. I'm committed to achieve the CHD vision of making Cincinnati the healthiest city in the nation. I stand with you to assure you, your families and the community at large that our residents can gain greater control of the factors that influence their health. I stand beside you to help improve the health of our diverse neighborhoods. I'm working to create an adaptive learning organization that serves as an effective and accountable local public health authority and provider of community health services.

I want to reassure everyone that we're doing fine but that doesn't mean that there won't be changes and tough decisions that can sometimes bring about growing pains. Despite a few changes in the leadership team staff members, as well as changes to the portfolios' of senior staff in the Health Department, we will continue to thrive and grow and flourish.

Understand that under a new administration, changes will occur or will result. Often many veterans seek new opportunities, having achieved their objectives, or simply retire. Those who have chosen to leave have done so on their own accord. I assure you that this is not unusual or a negative reflection on the new administration.

It's common when a new administration brings an unfamiliar prospective, progressive thoughts and new roadmap to success, while maintaining responsible fiduciary stewardship of the Cincinnati Health department and its patients; that changes will occur. But change is good. Very good.

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Congratulations to CHD for being selected to pilot the Brush, Book, Bed Program.

The purpose of the Brush, Book, Bed (BBB) Program is to link together three important nighttime routines in one health message. It aims to educate both pediatric providers and families about the importance of nighttime routines and focuses on improving the implementation of oral health services in the medical home by linking oral health information to messages about early literacy and sleep. BBB may be used during the 3 – 6 year old well-child visit.

Congratulations Retirees!

CHD is delighted and disheartened to announce the retirement of the following employees:

Steven J. Englender, MD, MPH
Director, Center for Public Health Preparedness

Robert Schlantz, Division Manager,
Finance

When Does Mosquito Season End?

Is mosquito season over? Well, the temperature plays an important factor. As the weather begins to cool, you'll likely notice a decrease in the level of mosquito activity on and around your property. Non-hibernating mosquitoes tend to die off as the temperature approaches the 50° F mark, while the hibernating species will start to seek winter refuge in hollow logs, abandoned animal burrows and other convenient hiding spots. The first frost is usually a reliable sign of the end of mosquito season. However, it's possible that some hibernating mosquitoes will emerge during unexpected warm spells during winter, only to return to their hiding places when the temperature drops. Read below for CHDs data and statistics from this season's mosquito trapping:

- CHD submitted for testing 2510 mosquitoes from 43 different trap sites in the city, and had a total of 7 WNV-positive pools from 7 different addresses.
- Across the state, 36 health jurisdictions had more WNV-positives than us, and 43 jurisdictions had fewer.
- There were 5 confirmed human West Nile Virus cases in Hamilton County, but 0 Cincinnati residents.
- Out of all the health jurisdictions who submitted mosquitoes to ODH (a total of 82), we had the 4th highest number of *Aedes albopictus* (Asian tiger) mosquitoes in the state (279), behind only Franklin Co., Montgomery Co., and Portsmouth City.

ODH identified a total of 12 different species of mosquitoes in the submissions we sent: *Culex pipiens*, 6 different species of *Aedes*, 3 different species of *Anopheles*, 1 species of *Uranotaenia*, and 1 species of *Toxorhynchites*.

Many thanks to our mosquito tech Justin Ramey, Environmental Health staff in Technical Environmental Services, and all who helped in CHDs mosquito efforts this season.

Working Collaboratively to Prevent Lead Poisoning

Current items on the agenda include: removal of lead service lines; obtaining entry into City-owned vacant housing for further water testing; extensive soil testing of a local ballfield lead-contaminated by using it for a shooting range; and, creating a directory of resources. A recent addition to the HCLHHC are “mini-workshops” immediately following the regular meeting. The first topic was reading and understanding water filter labels, both pitchers and point-of-use filters. In November, the mini-workshop offers the opportunity to bring items to the meeting to be tested for lead with an X-ray Florescence (XRF) device used in lead investigations.

If you are interested in joining the collaborative or attending a meeting, e-mail Cynthia.McCarthy@Cincinnati-oh.gov to be added to the mailing list.

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Commissioner's Corner

My management style empowers employees to make decisions about how they do their jobs within the framework of the Department's objectives. Our goals flow from the executive planning process to execute the mission, vision and core values here at the Cincinnati Health Department. The process is guided by our input from the executive team who help develop our overall strategic direction.

In this first 100 days, I have enjoyed getting to know you, and I am looking forward to working even more closely with you. Let me tell you a bit more about why I'm here. I'm here to build; not to tear down. I'm committed to help us achieve the CHD mission, vision, core value and goals, and to ensure that we deliver extraordinary services, provide quality care, and work in partnership to create health equity for all. I'm genuinely looking forward to your ideas on how we can achieve these goals together. I'm also interested, while we're talking, to hear what your individual goals include.

We will continue to work closely with our community partners to bring needed services to those who are insured, uninsured, or underinsured and vulnerable in the greater Cincinnati communities.

In closing, I'd like to extend a heartfelt thank you for the many years of service and dedication that our colleagues have demonstrated during their tenure at the Cincinnati Health Department and to the City of Cincinnati. We are thankful that they have been an active and engaging member of our community, and we wish them well in their future endeavors.

A Message from the Board of Health



Phil Lichtenstien, MD
Chair, Board of
Health

Last month, CHD staff participated in the Public Health Accreditation Board (PHAB) Site Visit, bringing us one step closer to achieving success in this voluntary national accreditation program.

During this journey, we've worked hard to improve and protect the health of the public by advancing the quality and performance of our health department. Throughout it, we've been able to identify our strengths and weaknesses and build upon them in order for us to provide the best health care services to our patients and their families. It was an 'all hands in' approach with multiple individuals sacrificing a great amount of time, energy, expertise and passion.

On behalf of the Board of Health, I'd like to extend an astounding applause and congratulations for this phenomenal step towards achieving Accreditation. As we move forward, I hope we continue to develop, revise and improve the quality of broad services that we provide at a level of excellence only befitting of a nationally Accredited public health entity.

Again, congratulations to the entire CHD staff (past and present) for your outstanding efforts in the accreditation process. I'd like to share a heartfelt appreciation and tremendous amount of gratitude to all of the community partners and Board of Health members that came out to support this worthy cause.

Syringe Exchange Services

In 2017, Cincinnati City Council approved the additional funding designated for harm reduction at the Cincinnati Health Department. Specifically, the funding supports syringe exchange services. In January 2018, CHD partnered with Hamilton County Public Health in the initiative to make syringe exchange a public health mission. Currently, syringe exchange operates in the City at the following locations and times:

Monday, 2:00 p.m.—5:00 p.m.	Northside: 1670 Cooper Street
Wednesday, 10:00 a.m.—1:00 p.m.	Mt. Auburn: 65 E. Hollister Street
Wednesday, 2:00 p.m.— 5:00 p.m.	Westwood: 2420 Harrison Avenue
Thursday, 2:30 p.m.— 5:30 p.m.	Corryville: 250 William Howard Taft (Hamilton County Public Health Department)

In addition, CHD is expanding addiction services with a new grant awarded from HRSA. This grant award is designated toward expansion of mental health and addiction services in our FQHCs. CHD will eventually add Medication Assisted Treatment (MAT) in health centers for stabilized patients in recovery from opioid use disorder.

If you have questions, please contact:

Dr. Jennifer Mooney, Division Director, Family Health

Jennifer.mooney@cincinnati-oh.gov

Or

Justin Berry, CDCA, Health Counselor, Family Health

Justin.berry@cincinnati-oh.gov

ACT receives Gen H Award

THE HEALTH  COLLABORATIVE

Arguably one of the greatest health issues facing Cincinnati, and most especially Avondale, is the community's high rates of pre-term birth and infant mortality. Avondale Children Thrive (ACT) reflects a cross-sector collaboration to address the social determinants of children's health, and specifically, on those interventions that address maternal and child health early on. Partners seek to create an environment in which Avondale children, aged zero to six, are able to thrive related to a variety of factors, such as education, community engagement, safety, employment, and health. The program employs an innovative health champion model, drawn from, and for, the community and employs a door-to-door strategy—leveraging trust built as housing providers and neighbors.

The Avondale Children Thrive Health Champions are being celebrated as finalists for the 2018 Gen-H Award. Each year, The Health Collaborative recognizes the healthcare heroes in our community at the Inspire | Healthcare Gala and Awards Celebration. Award categories include Diversity and Inclusion, Gen-H (population health), Informatics Solutions (health information technology), and Leadership in Quality Improvement. The Gen-H Award recognizes an individual, team, or organization that has demonstrated progress on the Gen-H goals of making Greater Cincinnati and Northern Kentucky a healthier, more vibrant community by addressing health-related social needs affecting our community.

Avondale Children Thrive is the collaboration between the Creating Healthy Communities Coalition at the Cincinnati Health Department, The Community Builders, and the Cincinnati Children's Hospital Medical Center. It is funded by The BUILD Health Challenge Award. With funding, CHD was able to hire Health Champions who are building a culture of Health in Avondale by addressing infant mortality, social determinants of health, tobacco, and healthy eating.

CHD, along with The Community Builders and Cincinnati Children's Hospital Medical Center have been awarded a 2017 BUILD Health Challenge grant.

Find out more: <http://buildhealthchallenge.org/communities/2-avondale-children-thrive/>

FIGHT HEP A

It starts with you!

PREVENT Hepatitis A by:



Wash hands frequently- especially after using the toilet



Do not share same cigarette, pipe or drug equipment



Avoid sexual contact with infected person



GET VACCINATED!

Vaccination is the **BEST** protection against Hepatitis A and may provide some protection up to 2 weeks after exposure.

If you are experiencing these symptoms **see your doctor right away!**
If you have any concerns regarding hepatitis A, **see your doctor right away!**

Symptoms of Hepatitis A include:



Fever



Tiredness



Stomach
ache



Yellow
Skin/eyes



Dark urine
Pale stool



Vomiting



Phone: 513-386-7899

Locations: 40 East McMicken 2nd floor
411 Gest Street
4138 Hamilton Ave.
2499 Reading Road
Mobile Medical Van

Schiff Wellness Center at Academy of World Languages Opening

In October, Interact for Health and its longstanding partners - Cincinnati Public Schools and the Cincinnati Health Department - collaborated to open a comprehensive school-based health center at the Academy of World Languages, located in Cincinnati's Evanston neighborhood. It will operate year-round and provide services to the community.



The need for these services is great: The poverty rate at the three nearby public elementary schools exceeds 90%. More than 1,000 children under the age of 5 live in the area, and the majority of them are living below the poverty line. Further, there are no public health centers serving this community.

Previously, limited primary care services were available to students through a Cincinnati Health Department operated school-based health center located in an office space at Academy of World Languages. But children needing vision or oral health care had to travel to other locations throughout the city. This led to gaps in health care for children on the east side of Cincinnati: 50% of children referred for dental services by Cincinnati Health Department staff at the Academy of World Languages did not receive it; and 8% of children who were referred for glasses were unable to access those services.

In 2016 planning and fundraising began for this 5,500 square foot addition comprehensive school-based health center.

The facility includes:

- A primary care center with four exam rooms
- A dental center with four chairs
- Administrative space
- Shared waiting area
- A community room for meetings and classes
- Office space for a mental health therapist and case managers
- A vision care center with the capacity to serve three clients at a time



The Academy of World Languages also provides students with resources to obtain nutritious food for their families outside of school hours.

Additionally, the Schiff Wellness Center at the Academy of World Languages will leverage the existing language and cultural support services available via the school to offer health services to Greater Cincinnati's growing refugee population, which currently exceeds 11,000.

Total costs to open the center are total approximately \$2.5 million, which includes construction, furnishings and equipment. Funders include: Interact for Health, John J. and Mary Schiff Foundation, Luxotica's OneSight Foundation, Delta Dental, MindPeace, John and Francie Pepper, CDS Oral Health Foundation and numerous individual donors.



Do you follow CHD on social media?

If not, be sure to like and follow:



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